

## contactless express menu

Hyperice percussion technology features the award-winning
Hypervolt featuring Quiet Glide™ technology – a handheld percussion device
is used during the treatment to relieve muscle tension, improve range of
motion, and promote circulation.

## **Contactless Relaxation Massage**

30MIN \$50

Welcome stillness and drift beyond total relaxation to discover mindful tranquility with this light and airy edition of our contactless massage experience. Features a gentle full body percussion massage sweep followed by an extensive circulatory flush to reduce inflammation and complete renewal.

## **Contactless Revive Massage**

30MIN \$50

Breathe life back into movement with this intentionally curated contactless experience featuring an energizing full body percussion massage sweep designed to ignite circulation. Repair and re-energize with a complementary dynamic air compression flush to increase lymph flow and promote healing.

## **Contactless Recover Massage**

30MIN \$50

Enjoy this contactless spin on a traditional sports massage – designed for the guest in need of increased range of motion and improved tissue condition.

Features a classic full body percussion massage sweep with targeted treatment zones of increased tension and pressure upon guest request. Then

recover like a Pro with a customizable recovery flush to address the hot spots of both explosive and endurance training.